

# ADDICTIONS & SUBSTANCE MISUSE

### LOCAL ORGANISATIONS

#### **Basement Recovery Project (Drug and Alcohol Addiction):**

Calderdale Co-ordinator: Stuart T: 01422 383063 or 07780702612

<https://thebasementproject.org.uk/about/todmorden-recovery-hub>

Based at The Kindness Hub, Todmorden.

Can advise on recovery services.

#### **Branching Out (Drug and Alcohol Services for Young People in Calderdale):**

Contact T: 01422 415550 (option 2) 8 Carlton Street, Halifax, HX1 2AL

[www.calderdaleinrecovery.com/services/branchingout/](http://www.calderdaleinrecovery.com/services/branchingout/)

<https://humankindcharity.org.uk/service/calderdale-branching-out/>

Branching Out is a confidential alcohol, drug and tobacco service for all young people under 21 in Calderdale delivered by a national charity Humankind. Groups meet at The Kindness Hub, Todmorden and can meet at home. Referral via the Halifax office – for a complete assessment.

### NATIONAL/REGIONAL HELPLINES

**Alcoholics Anonymous** T: 0800 9177650.

Find local group via website: [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

**Gamblers Anonymous:** North-West T: 07974 668 999 National T: 0330 094 0322

Find local group through website: [www.gamblersanonymous.org.uk](http://www.gamblersanonymous.org.uk)

**Narcotics Anonymous:** T: 0300 999 1212 (10am-midnight)

Find local group via website <https://ukna.org/>

**Samaritans:** T: 116 123, Freephone 24 hours.

Emotional support to anyone in distress, struggling to cope or at risk of suicide.