

NEED MORE HELP?

FAMILIES

LOCAL ORGANISATIONS

Domestic Violence:

Calderdale Staying Safe (Support for all victims and survivors of domestic abuse): Based at WomenCentre, 23 Silver Street, Halifax. T: 01422 323 339

<https://calderdalestayingssafe.org.uk/> Monday - Friday 9am-5pm.

Self-referral or agency referral with consent. Support for men and women. Will meet in Todmorden.

WomenCentre Halifax: T: 01422 386 500. Comes to Todmorden Community College 1st and 3rd Friday in month 10am-12pm; <https://womencentre.org.uk/>

Children's Support Services:

Children's Centre - Todmorden Community College: T: 01706 399 970

Nursery for pre-school children; Stay & Play; Breast feeding group; Potty Training; Family Support Workers working with children up to age 19 (01706 399976); Parenting Course (3-18 years) Strengthening Families, Strengthening Communities; Dad's group. Self-referral.

Calderdale SENDIASS: (Support for families with children with special needs)

T : 01422 266141 or 0300 3301504 www.calderdalesendiass.org.uk/

The SENC (Special Educational Needs and Disabilities) Information, Advice and Support Service provides legally based, impartial, confidential and accessible information, advice and support for parents of children and young people with Special Educational Needs or Disabilities about education, health and social care.

The IAS (Information, Advice and Support) Service offers face to face, telephone and electronic information advice as well as casework and representation when needed including assisting families with getting support for their children in school.

Calderdale Young Carers Service: Vanessa Graham T: 01422 261207. Freephone 0800

3895785; Email: calderdaleyoungcarers@calderdale.gov.uk;

www.calderdale.gov.uk/v2/residents/health-and-social-care/young-people/young-carers/young-carers-service

Based at The Orange Box Young People's Centre, 1 Blackledge, Halifax HX1 1AF. For 8 to 18 years, who live with someone who has an illness or disability; mental health or substance misuse issue. Provide respite activities; individual or group work; support in school; support for the whole family. Can self-refer or be referred.

Calder Community Cares:

Provide support groups for families and the older generations. If you are interested, you can register on www.caldercares.org.uk

Noah's Ark Centre (Money and Debt Advice Service plus new Counselling Service for Children, Young People and Adults)

T: 01422 366911 (General) 01422 300457(Counselling) 01422 364664 (Money Advice)

Email: debt@noahsarkcentre.org.uk

Website: www.noahsarkcentre.org.uk

Based in Ovenden, Halifax. Monday – Friday 10 a.m. – 5 p.m. Self-Referral.

Full money / debt advice service, (including advice in relation to bankruptcy, Debt Relief Orders and debt management plans), alongside budgeting courses, employment support, children, young people and adult counselling.

Todmorden Emergency Support (TES): T: 07823 956161 Email: tesinfo999@gmail.com

Todmorden Emergency Support has funds from two trusts to help people in Todmorden who are in need.

Older people:

Age Concern: T: 01706 817926. 11 Burnley Rd, Todmorden OL14 7BU. Monday to Friday 10am-12pm. Website; www.ageuk.org.uk

Provides: information, support, and social and leisure activities.

Dementia Friendly Todmorden (DFT): enquiries@dementiafriendlytodmorden.org.uk and Facebook www.dementiafriendlytodmorden.org.uk

Runs a monthly café called Daisy's café. This café, held on the 1st Saturday of every Month from 11-1 at Todmorden Health Centre act's as a one-stop- shop approach for people living with Dementia.

Food Providers in addition to Todmorden Food Drop In

- **Cornholme Food bank & Café: T:01706 813 222 The Old Library Cornholme: Mondays 10.30am to 12pm. Email: info@oldlibrary.org.uk**
- **Kindness Hub Community Café: T: 07376204960 36 Rochdale Road, Todmorden, Offers free meals at different times throughout the week. Call for details . Pay it forward scheme in operation.**
- **Park End Kitchen T: 01706 839995 72 Burnley Rd, Todmorden OL14 5HX also has a pay it forward scheme.**

NATIONAL/REGIONAL HELPLINES

Young Minds/Parents Helpline (Child Mental health):

T: 0808 802 5544 9.30am-4pm: advice, information, emotional support

You can call the Parents Helpline on 0808 802 5544, Monday - Friday 9:30am - 4:00pm.

Alternatively, you can contact Young Minds via their webchat by clicking the chat icon in the bottom right corner of your screen. The Parents Helpline is available in England, Scotland, Wales and Northern Ireland.

Childline: help for anyone under 19 with any issue; confidential and available any time, day or night. T: 0800111 or chat via www.childline.org.uk

NAPAC ((National Association for People Abused in Childhood)

T: 0808 8010 331 (Free). Website: <https://napac.org.uk/>

Samaritans: T: 116 123, Freephone 24 hours.

Emotional support to anyone in distress, struggling to cope or at risk of suicide.